

Accepting Change

Just like the change of season so does our life, nothing remains the same forever. In my life as an Amateur, 25 years, I have heard many times that this change is going to be the ruination of our hobby and frankly it hasn't yet. But, we can by our negative attitude cause the inevitable. There should be no fear in changing. Change is good! We must look to the brighter side of things and work towards the future and give up the past. The phrase "I had to do it and it was good enough for me" is not going to increase our number and make our hobby flourish but it will do just the opposite and we can't afford the loss of any more frequencies or operations due to the loss of operators. Lets not run off the new Amateurs. Let's make them feel welcome whatever the outcome of the FCC rules that will be changing in the near future.

What is change? Change is a break in the normal routine. A threat to our security (safe zone) either at home, our work and, yes, even our hobby; an alteration in our current lifestyle or the way we do things. The unknown, the ambiguous, the uncertainty one must face after a loss of feeling safe in what and how we got to where we are. The changing of old beliefs, attitudes and values that we think are okay for the current times. The modification of current patterns of social interaction and conduct in adjusting to an altered change occurs. A change of status quo to what we think is right and unsettling of the calm and peace previously established in the way we got to where we are.

Here are some irrational beliefs we have about change? I could never adjust to that change. Yes, you can if you don't fight it and make the best of the situation. Why did this happen to me? It didn't only happen to you it happened for you and the rest of us. Change is bad. No, change is actually good and will build character. If I ignore it, it will go away. No it won't go away, it will go on and you'll be left behind. You'll begin to frustrate yourself in your attempts to gain control and to fix the non-fixable.

Many of you have heard the ole timers say, "What ever happened to the good ole day when" and you can fill in the rest. Those days are still here. No one is saying that we should forget the past but we should make it part of the future by being able to submit to change and look back and see how much better the hobby would have been in the past had it been available then.

What are some benefits to be gained by adjusting to change? Of course we can start with individual, personal, social, and emotional growth. We can restore a sense of order and purpose in our life. Take a relaxed point of view about the realities of life, and open acceptance of the inevitability of change and adaptation for the future. Increase our personal, family, marital, or hobby productivity, giving us a chance to use our positive qualities and attributes to their fullest, validating our self-worth and goodness. Last, but not least, getting on with our life with a minimum of delay, confusion or complications resulting from the turmoil of change.

I hope you join me in bringing in the New Year with a positive attitude towards whatever changes the FCC will bring our way and make the best of the circumstances and move on with the greatest hobby one could part of. Merry Christmas and Happy New Year to each and every one of you, from the home of NB4K.